

AMENDMENTS TO THE CLAIMS

32. (Currently amended) An exercise apparatus comprising:

(a) a frame with an upper region and a main pivot axis located laterally in the upper region[;], the frame further including a fore direction and an aft direction, the main pivot axis being located generally transverse to the fore and aft directions[.];

(b) a press arm having a main arm member and a pair of secondary arms[;], the main arm member pivotally connecting to the frame about the main pivot axis[;], the secondary arms extending downwardly when at rest and pivotally connecting to the main arm member about secondary axes, the secondary axes being laterally spaced apart and oriented in a generally upright manner inclined from the vertical in a forward direction; and

(c) a source of resistance coupled to the press arm[;], wherein ~~the apparatus includes at least one starting position in which the secondary axes are located aft of the main pivot axis~~ said source of resistance comprises a weight coupled to the press arm via one or more cables.

33. (Currently amended) The apparatus according to Claim 32, wherein, during use, the secondary axes are at all times located below the main pivot axis.

34. (Currently amended) The apparatus according to Claim 32, wherein, during use, the secondary arms are capable of pivoting inward and outward about their respective secondary axes while the combination is simultaneously pivoting about the main pivot axis, thus allowing the user to perform either a straight chest press exercise motion or one incorporating a butterfly motion therewith.

35. (Previously presented) The exercise apparatus of Claim 32, wherein the main arm member includes an upright portion having an upper end and a lower end, the upper end being

pivots coupled to the main pivot axis; the main arm member further including a transverse cross member having a middle region connected to the lower end of the upright portion and first and second ends located laterally outward of either side of the middle region.

36. (Currently amended) The exercise apparatus of Claim 35, wherein the secondary axes are disposed at the opposite ends of the transverse cross member.

37 - 39. (Canceled)

40. (Previously presented) The exercise apparatus of Claim 32 wherein the secondary arms rotate about axes that are substantially parallel to each other.

41. (Canceled)

42. (Previously presented) The exercise apparatus of Claim 32, wherein the secondary axes are orthogonal to the main pivot axis.

43. (Previously presented) The exercise apparatus of Claim 32, wherein the secondary arms extend at an oblique angle relative to their respective secondary pivot axes.

44. (Canceled)

45. (Currently amended) The exercise apparatus of Claim [[44]] 32, wherein the cables are supported by at least one pulley rotatably mounted on the main arm member.

46. (Currently amended) An exercise apparatus comprising:

(a) a frame with an upper region and a main pivot axis located laterally in the upper region[[;]], the frame further including a longitudinal axis fore direction and an aft

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direction, the main pivot axis being located generally transverse to the longitudinal axis. fore and aft direction;

(b) a press arm having a main arm member and a pair of secondary arms[[;]], the main arm member pivotally connecting to the frame about the main pivot axis[[;]], the secondary arms pivotally connecting to the main arm member about secondary axes[[;]] such that the arms extend downwardly below the horizontal when at rest, the secondary axes being laterally spaced apart, ~~one to either side of the longitudinal axis;~~ and

(c) a source of exercise resistance coupled to the press arm; ~~wherein comprising a weight coupled to the press arm via one or more cables, such that, during use, the secondary arms are capable of pivoting inward and outward about their respective secondary axes while the main arm member is simultaneously pivoting about~~ ~~are at all times located below~~ the main pivot axis, thus allowing the user to perform either a straight chess press exercise motion or one incorporating a butterfly motion therewith.

47. (Previously presented) The apparatus according to Claim 46, wherein the apparatus includes at least one starting position in which the secondary axes are located aft of the main pivot axis.

48. (Canceled)

49. (Currently amended) The exercise apparatus of Claim 46, wherein the main arm member includes an upright portion having an upper end and a lower end, the upper end being pivotally coupled to the main pivot axis[[;]], the main arm member further including a transverse cross member having a middle region connected to the lower end of the upright portion and first and second ends located laterally outward of ~~either side of~~ the middle region.

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50. (Currently amended) The exercise apparatus of Claim [[46]] 49, wherein the secondary axes are disposed at the opposite ends of the transverse cross member.

51. (Currently amended) The exercise apparatus of Claim [[46]] 49, wherein the upright portion is located in a vertical plane, its lower end being below its upper end.

52. (Currently amended) The exercise apparatus of Claim [[46]] 49, wherein the lower end of the upper portion is also-aft of its upper end, whereby the connection between the transverse cross member and the upright portion is also aft of the main pivot axis.

53. (Previously presented) The exercise apparatus of Claim 46, wherein the secondary arms rotate about axes that are substantially parallel to each other.

54. (Currently amended) The exercise apparatus of Claim 46, wherein the secondary axes are inclined from the vertical in a forward direction when the apparatus is at rest.

55. (Previously presented) The exercise apparatus of Claim 46, wherein the secondary axes are orthogonal to the main pivot axis.

56. (Previously presented) The exercise apparatus of Claim 46, wherein the secondary arms extend at an oblique angle relative to their respective secondary pivot axes.

57. (Currently amended) The exercise apparatus of Claim [[46]] 49, wherein the connection of the transverse cross member to the upper portion is a nonrotatable connection.

58. (Canceled)

59. (Currently amended) The exercise apparatus of Claim [[58]] 46, wherein the cables are supported by at least one pulley rotatably mounted on the main arm member.

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60. (Currently amended) An exercise apparatus comprising:

(a) a frame with an upper region and a main pivot axis located laterally in the upper region[[;]], the frame further including a fore direction and an aft direction, the main pivot axis being located generally transverse to the fore and aft directions[[.]];

(b) a press arm having a main arm member and a pair of secondary arms, each with proximal and distal ends[[;]], the main arm member pivotally connecting to the frame about the main pivot axis[[;]], the proximal ends of the secondary arms pivotally connecting to the main arm member about secondary axes, the secondary axes being laterally spaced apart and oriented in a nonhorizontal manner inclined from the vertical in a forward direction such that when at rest, the secondary arms extend downwardly at an angle below horizontal; and

(c) a source of resistance coupled to the press arm[[;], wherein[[.]] said source of resistance comprises a weight coupled to the press arm via one or more cables, such that during use, the apparatus includes at least one operative position in which the distal ends of the secondary arms are located inward of their corresponding proximal ends in planview secondary arms are capable of pivoting inward and outward about their respective secondary axes while the main arm member is simultaneously pivoting about the main pivot axis, thus allowing the user to perform either a straight chest press exercise motion or one incorporating a butterfly motion therewith.

61 -64. (Canceled)

65. (Currently amended) The exercise apparatus of Claim [[63]] 60, wherein the secondary arms rotate about axes that are substantially parallel to each other.

66. (Currently amended) The exercise apparatus of Claim [[63]] 60, wherein the secondary arms extend at an oblique angle relative to their respective pivot axes.

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67. (Currently amended) The exercise apparatus of Claim [[63]] 60, wherein the connection of the transverse cross member to the upper portion is a nonrotatable connection.

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